

(F/2)

Chaudhary Bansi Lal University
Department of Sociology & Social Work
Undergraduate Programs (Sociology) Syllabus, Semester –IV

VOC

Session: 2025-26

Part A – Introduction

Subject	Sociology		
Semester	IV		
Name of the Course	Social Counselling and Contemporary Issues		
Course Code	25UN-SOC-VOC-401		
Course Type:(CC/MCC/MDC/CC-M/DSEC/VOC/DSE/PC/AEC/VAC)	VOC		
Level of the course (As per Annexure-I)	200-299		
Pre-requisite for the course (if any)			
Course Learning Outcomes (CLO):	After completing this course, the learner/student will be able to: 1. Develop a comprehensive understanding of the Social Counselling process and their professional roles. 2. Acquire knowledge of major Social Counselling skills, methods and techniques used in understanding and addressing major Social issues in Indian Society. 3. Explore the scope, application, and practice of Social Counselling across different settings such as Social Economic, Environmental, Educational, Community, and Organizational contexts in Rural as well as Urban settings. 4. Examine the roles and functions of Social Counselors, ethical principles in Social Counselling practice, and the impact of Social Counselling on individual and social well-being.		
Credits	Theory	Practical	Total
	3	1	4
Contact Hours	3 Per week	02 per week	5 per week
Internal Assessment Marks	20	10	30
End Term Exam Marks	50	20	70
Max. Marks	70	30	100

Time: 3 Hours

Part B – Contents of the Course

Instructions for Paper-Setter: The question paper will consist of seven questions out of which the candidate would be required to attempt four questions. The first question will be compulsory and will have 4 short answer questions of two marks each, uniformly spread over entire syllabus. The remaining six questions of 14 marks each will be set taking two questions from each of the three units. The candidate would be required to attempt one question from each unit in addition to compulsory question.

Unit	Topics	Contact Hours
I	Basics of Social Counselling: Meaning, Concept, Scope, Principles, Tools and Techniques and Procedures of Social Counselling;	12
II	Contemporary Issues: Drugs and Alcoholism; Gender; Health, Water, Sanitation and Hygiene (WASH); Cyber Crime; Social Media Addiction; Depression Among the Youths; Institutions, Schools; Rural and Urban settings.	12
III	Redressal of Contemporary Issues in Different settings: Tools/Techniques for addressing Contemporary Issues: Role Playing, Documentaries, Focus Group Discussions (FGDs), Story-telling, Life Skill Activities, Use of ICT/e-governance/social media	12

M(VOC) under UG Sociology syllabus approved by UGBOS, Department of Sociology & Social Work, CBLU

19/3/2026

Suggested Evaluation Methods			
Practical			Contact Hours
• Visits to Various Settings (Health Institutions, Special Schools, NGOs, Visit to Rehabilitation Centers, Special Homes, Red Cross Organization & Local Institutions) • Outreach Activities (Role Playing, Documentaries, Focus Group Discussions (FGDs), Story-telling, Life Skill Activities, Use of ICT/e-governance/social media) • Report Writing			24
Instructions: • Students shall prepare a comprehensive report of all the visits to the particular organization. • Students shall prepare a comprehensive report of all the outreach activities either organized or attended by them.			
Part- C Suggested Evaluation Methods			
Internal Assessment Marks (Theory)	Class Participation	Seminar/Presentation/Assignment/Quiz/Class Test etc	Mid-Term Exam
20	5	5	10
Internal Assessment Marks (Practicum)	Class Participation	Seminar/Presentation/Assignment/Quiz/Class Test etc	Mid-Term Exam
10	-	10	-
Recommended Books/e-resources/LMS:			
Ahuja, R. (2014). Social problems in India (3rd ed.). Rawat Publications. Balgopal, P. R., Pathare, S., & Balgopal, M. (2024). Theory and practice of social group work in Indian society. Springer. Bhatnagar, A., & Gupta, N. (1999). Guidance and counselling: A practical approach. Vikas Publishing House. Bhatt, S., & Pathare, S. (Eds.). (2014). Social work education and practice engagement in India. National Association of Professional Social Workers in India (NAPSWI). Béteille, A. (1996). Caste, class and power: Changing patterns of stratification in a Tanjore village. Oxford University Press. Desai, A. R. (1979). Rural sociology in India (5th ed.). Popular Prakashan. Dube, S. C. (1990). Indian society. National Book Trust. Dube, S. C. (1998). Modernization and development: The search for alternative paradigms. Vistaar Publications. Dash, B. M., Kumar, M., & Shukla, S. (2019). Social work in India: Indigenous approaches and emerging models. Sage Publications India. Madan, G. R. (2016). Indian social problems (Vol. 1). Allied Publishers. Nigam, S. (2020). Women and domestic violence law in India: A quest for justice. Routledge India. Pathare, S., & Kalathil, J. (2015). Mental health in India: Challenges and responses. Sage Publications. Rao, K. (2010). Counselling and guidance. Discovery Publishing House. Sharma, R. N., & Sharma, R. (2016). Guidance and counselling in India. Atlantic Publishers. Singh, A. K. (2012). Counselling psychology. Pearson India. Ministry of Health and Family Welfare. (2014). National mental health policy of India. Government of India. Ministry of Health and Family Welfare. (2017). National health policy 2017. Government of India. Siddiqui, H. Y. (1984). Social work and social action: A developmental perspective. Harnam Publications.			