Chief Guest
Prof. Dilip Kumar Dureha
Vice-Chancellor
LNIPE, Gwalior

Keynote Speakers
Dr. Kaukab Azeem
Asst. Prof. (v), Dept. of Physical Education,
King Fahd University of Petroleum &
Minerals, Saudi Arabia

Prof. Arvind Malik
Professor, Dept. of Physical Education, KU,
Kurukshetra

Guest of Honour
Shri Umesh Ji
Krida Bharti Coordinator of Haryana &
Himachal Pradesh

Organizing Committee
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Dr. Yogesh, Asst Prof., BPS Khanpur
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Dr. Virender, GCW, Tosham
Dr. Bhupender Singh, JVMGRR, Ch. Dadri
Dr. Multan Singh, BLJS, Tosham
Dr. Chetan Sharma, Judo Coach
Dr. Sangeeta, Asst. Prof., CBLU
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Bharti., Bhiwani
Mr. Shriram, Secretary, Krida Bharti, Bhiwani

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Prof. Raj Kumar Mittal
Vice-Chancellor
Ch. Bansi Lal University, Bhiwani

Patron
Dr. Jitender Bhardwaj
Registrar
Ch. Bansi Lal University, Bhiwani

Convener
Dr. Suresh Kumar Malik
HOD, Physical Education,
Ch. Bansi Lal University, Bhiwani

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In-Charge, Psychology, CBLU, Bhiwani

Dr. Maya Yadav
Former Principal, AMM, Bhiwani

Dr. Sultan Singh
Director, Vaish College of Edu., Baundkala

Dr. Suresh Attri,
President, CBLU SC, Bhiwani

Organizing Secretary
Dr. Anurag Sachan
Assistant Prof., Physical Education,
Ch. Bansi Lal University, Bhiwani

National Seminar
on
Weight Management through Exercise &
Yoga

12th January, 2020

Organized By
Dept. of Physical Education,
Chaudhary Bansi Lal University,
Bhiwani, Haryana

In Collaboration with
Krida Bharati, Bhiwani
Haryana
Registration Fee
Paper Publication and Presentation Fee for
- Faculty: Rs. 500/
- Research Scholar: Rs. 200/
- Students: Rs. 100/
No fee for Participation
Registration fee can be paid through bank transfer NEFT in

Name: Secretary Sports Council
A/C No.: 37805020804
IFSC: SBIN0011864
State Bank of India, Bhiwani Main

Contact
Dr. Anurag - 7891477287
Mr. Manjit - 9992222042
Mr. Sunil - 9812897937

Sub-Theme
- Gym & Free Hand Exercises
- Sports training
- Health & Wellness
- Yogic Science
- Healthy Society and sports
- Diet & Nutrition
- Mental Health
- Health Sciences
- Doping

Call for Paper

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Note - Full paper with abstract sent by the registered delegates on or before 8th Jan, 2020 will be published in the form of Book with ISBN.

Guidelines for Submission of Paper
- Complete paper along with title, Author’s name, Institute should be emailed to: nspecblu20@gmail.com

Programme Details
Registration- 8.00am – 9.30am
Opening- 9.30am
Keynote Lecture I- 10.30am-12 pm
Session-I- 12.00pm to 1.15pm
Lunch- 1.15pm
Keynote Lecture II-2pm-3pm
Session-II- 3.00pm to 4.15 pm
Valedictory- 4.15 pm

About University
Ch. Bansi Lal University, Bhiwani is a state university established by the Government of Haryana under Act No. 25 of 2014. It has been recognized by the University Grants Commission under 2F. The University is a boon for the academically rather deprived region of Haryana, and holds great promise for the intellectual and academic boom for the people of Bhiwani, a city located to the west of Delhi and south of Chandigarh at a distance of 125 kilometres and 285 kilometres respectively.

About Department
The department of Physical Education came into existence the day Ch. Bansi Lal University, Bhiwani was established i.e. 26th July 2014 and introduced Master’s degree in Physical Education & Sports with an intake of 30 seats.

Seminar Objective
The seminar objective is to bring together sports Scientists, academicians, fitness experts, research scholars and students to exchange and share their experiences and research in all aspects in fitness, wellness and weight management. It also provided the premier platform for the researchers, experts and educators to present and discuss the most recent innovations, trends and concerns about weight management and fitness.