

Chief Guest

Prof. Dilip Kumar Dureha
Vice-Chancellor
LNIPE, Gwalior

Keynote Speakers

Dr. Kaukab Azeem

Asst. Prof. (v), Dept. of Physical Education,
King Fahd University of Petroleum &
Minerals, Saudi Arabia

Prof. Arvind Malik

Professor, Dept. of Physical Education, KU,
Kurukshetra

Guest of Honour

Shri Umesh Ji

Krida Bharti Coordinator of Haryana &
Himachal Pradesh

Organizing Committee

Dr. Ashok Kumar, Asst. Prof., CDLU, Sirsa
Dr. Yogesh, Asst. Prof., BPS Khanpur
Dr. Sanjeet, In-charge Sports, BPS, Khanpur
Mrs Geeta, Asst. Prof., CBLU
Mr. Manjit, Asst. Prof., CBLU
Mr. Sunil Kumar, Asst. Prof., CBLU
Mr. D.K. Midha, Advisor Sports, CBLU
Dr. Mitesh Sharma, Assoc. Prof., MNSGC
Dr. Wazir Singh, Assoc. Prof., MNSGC
Dr. Kapil Sharma, Asst. Prof., MNSGC
Dr. Rajesh, Asst. Prof., RGGCW
Dr. Meenu, Asst. Prof., GC, Baundhkala
Dr. Virender, GCW, Tosham
Dr. Bhupender Singh, JVMGRR, Ch. Dadri
Dr. Multan Singh, BLJS, Tosham
Dr. Chetan Sharma, Judo Coach
Dr. Sangeeta, Asst. Prof., CBLU
Mr. Jitender Parashar, Joint Secretary, Krida
Bharti., Bhiwani
Mr. Shriram., Secretary, Krida Bharti., Bhiwani

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Prof. Raj Kumar Mittal
Vice-Chancellor
Ch. Bansi Lal University, Bhiwani

Patron

Dr. Jitender Bhardwaj

Registrar
Ch. Bansi Lal University, Bhiwani

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Dr. Suresh Kumar Malik

HOD, Physical Education,
Ch. Bansi Lal University, Bhiwani

Co-Convener

Dr. Satvir Singh,

In-Charge, Psychology, CBLU, Bhiwani

Dr. Maya Yadav

Former Principal, AMM, Bhiwani

Dr. Sultan Singh

Director, Vaish College of Edu., Baundkala

Dr. Suresh Attri,

President, CBLU SC, Bhiwani

Organizing Secretary

Dr. Anurag Sachan

Assistant Prof., Physical Education,
Ch. Bansi Lal University, Bhiwani



National Seminar

ON

Weight Management through Exercise & Yoga

12th January, 2020

Organized By

Dept. of Physical Education,
Chaudhary Bansi Lal University,
Bhiwani, Haryana

In Collaboration with

Krida Bharati, Bhiwani
Haryana

Registration Fee

Paper Publication and Presentation
Fee for

- Faculty-Rs.500/-
- Research Scholar- Rs.200/-
- Students- Rs.100/-

No fee for Participation

Registration fee can be paid through
bank transfer NEFT in

Name- Secretary Sports Council
A/C No.-37805020804
IFSC- SBIN0011864
State Bank of India, Bhiwani Main

Contact

- Dr. Anurag-7891477287
- Mr. Manjit-9992222042
- Mr. Sunil-9812897937

Sub-Theme

- Gym & Free Hand Exercises
- Sports training
- Health & Wellness
- Yogic Science
- Healthy Society and sports
- Diet & Nutrition
- Mental Health
- Health Sciences
- Doping

Call for Paper

Word limit	Abstract	Full Paper
	200 words	3000 words
Language	Hindi and English	
Font	Times New Roman in English & Kurti Devi 010 in Hindi	
Font Size	English- 12 & Hindi-14	
Line Space	1.0	
Last Date	Full Paper with Abstract on or before 8 th January, 2020	
Submission	nspecblu20@gmail.com	

Note- Full paper with abstract sent by the registered delegates on or before 8th Jan, 2020 will be published in the form of Book with ISBN.

Guidelines for Submission of Paper

➤ Complete paper along with title, Author's name, Institute should be emailed to- nspecblu20@gmail.com

Programme Details

Registration- 8.00am – 9.30am

Opening- 9.30am

Keynote Lecture I- 10.30am-12 pm

Session-I- 12.00pm to 1.15pm

Lunch- 1.15pm

Keynote Lecture II- 2pm-3pm

Session-II- 3.00pm to 4.15 pm

Valedictory- 4.15pm

About University

Ch. Bansi Lal University, Bhiwani is a state university established by the Government of Haryana under Act No. 25 of 2014. It has been recognized by the University Grants Commission under 2F. The university is a boon for the academically rather deprived region of Haryana, and holds great promise for the intellectual and academic boom for the people of Bhiwani, a city located to the west of Delhi and south of Chandigarh at a distance of 125 kilometres and 285 kilometres respectively.

About Department

The department of Physical Education came into existence the day Ch. Bansi Lal University, Bhiwani was established i.e. 26th July 2014 and introduced Master's degree in Physical Education & Sports with an intake of 30 seats.

Seminar Objective

The seminar objective is to bring together sports Scientists, academician, fitness experts, research scholars and students to exchange and share their experiences and research in all aspects in fitness, wellness and weight management. It also provided the premier platform for the researchers, experts and educators to present and discuss the most recent innovations, trends and concerns about weight management and fitness.