

CHAUDHARY BANSI LAL UNIVERSITY BHIWANI
(HARYANA)



ONE DAY NATIONAL WORKSHOP
ON
“PROMOTION OF SPORTS IN UNIVERSITIES”

21st Feb, 2019

Organized By

Department of Physical Education and Sports

www.cblu.ac.in


CHIEF-PATRON

Prof R. K. Mittal
Vice-Chancellor
Chaudhary Bansi Lal University, Bhiwani

CONVENER

Dr. Suresh Malik
HOD, Dept. of Physical Education & Sports

ADVISORY COMMITTEE



Sh. Jitender K. Bhardwaj, Registrar, CBLU Bhiwani
Prof. Lalita Gupta, Dean Academic Affairs, CBLU Bhiwani
Prof. H.D. Kausik, OSD to Vice Chancellor, CBLU Bhiwani
Dr. Satvir Singh, In-charge Dept. of Psychology, CBLU Bhiwani
Dr. Dinesh K Madan, COE, CBLU Bhiwani
Mr. Darshan Singh Midha, Advisor Sports, CBLU Bhiwani

ORGANISING COMMITTEE

Mrs. Geeta, Assistant Prof., CBLU, Bhiwani
Mr. Manjeet, Assistant Prof., CBLU, Bhiwani
Dr. Anurag Sachan, Assistant Prof., CBLU, Bhiwani
Mrs. Pinki, Assistant Prof., CBLU, Bhiwani
Mr. Sunil Kumar, Assistant Prof., CBLU, Bhiwani

TECHNICAL COMMITTEE

Mr. Sahil Kukreja
Mr. Rajesh Sharma

ABOUT THE UNIVERSITY

Chaudhary Bansi Lal University, Bhiwani is a state university established by the Government of Haryana under Act No. 25 of 2014. The University is recognized by the University Grants Commission (UGC) under section 2(F). The University is a boon for the academically deprived region of Haryana, and holds great promise for the intellectual and academic development for the people of Bhiwani, a city located to the west of Delhi and south of Chandigarh at a distance of 125 km and 285 km respectively. The University has been established as a teaching-cum-affiliating University to facilitate higher education in multi-disciplines with special emphasis on sports and physical education and to achieve excellence in these and connected fields.

ABOUT THE DEPARTMENT

The Department of Physical Education & Sports came into existence the day Ch. Bansi Lal University, Bhiwani was established i.e. 26th July 2014 and introduced Master's Degree in Physical Education with an intake of 30 seats. This course is being run in the department to fulfil need of the sports persons of this area to become good physical education teachers, trainers and coaches.

The department has been actively pursuing research in different fields with faculty members through a compulsory dissertation paper. Physical Education & Sports Department offers a unique opportunity for problem solving, socialization and self-expression. This department is having adequate facilities for games and sports. To develop socialization of the society through Physical Education & Sports is also this department's main motto.

ABOUT THE WORKSHOP

The one-day national level workshop on promotion of sports in universities for promoting the sports is organised by department of physical education and sports, CBLU, Bhiwani. Sports promote social change by utilizing sport as a platform to advance social change. Sports create equal access and equal opportunity for all, and help eliminate discrimination, violence and abuse. Sports makes a person more active, alert and improves their physical and mental abilities. But just doing sports for health purpose is very much different from doing sports for competition purpose. For competition you need to aware with the various factors which can contribute for improving the performance.

The main aim of this workshop is to bring together leading sports experts, sports scientist, researchers and students to exchange and share their views and experiences related to various aspects of sports that help in promotion of sports in Universities. It will be a very special and memorable experience for all the participants.

OBJECTIVES OF THE WORKSHOP

- To promote sports in universities
- To understand the latest trends in sports
- To enhance the conceptual knowledge of scientific approaches in sports
- To promote sports culture in societies

THEMES OF THE WORKSHOP-

“PROMOTION OF SPORTS IN UNIVERSITIES”

SUB-THEMES OF THE WORKSHOP-

- Sports Culture in Universities
- Recent trends in physical education & sports
- Innovative approach and latest technology to develop sports infrastructure
- University sports scheme for Players
- Psychological aspects in sports
- Physiological and Biomechanical aspects in sports
- Managing technological aids in development of sports

HIGHLIGHTS

- **Keynote speeches by eminent speakers**
- **Panel Discussion**

IMPORTANT DATES

Registration for Workshop – Till 20thFeb, 2019

REGISTRATION FORM FOR WORKSHOP

**WORKSHOP ON PROMOTION OF
SPORTS IN UNIVERSITIES**

Organized By:

Department of Physical Education & Sports
Ch. Bansi Lal University, Bhiwani (Haryana)

On

21st February 2019

REGISTRATION FORM

- 
1. **Name of the Delegate:**
 2. **Age:**
 3. **Sex (M/F):**
 4. **Qualifications:**
 5. **Institute Name:**
 6. **Category:**
 7. **Address for Communication:**

8. **Mobile / Phone Number:**

9. **Email ID:**

Mail the Registration form at cblusports@gmail.com

For more information, please contact:

Mrs. Geeta (9812925454)

Mr. Manjeet (7988335641)

Dr. Anurag (8005823842)

PROGRAMME DETAILS-

21th Feb 2019 (Thursday)

at Auditorium, Ch. BansiLal University

Bhiwani, Haryana.

09:30 – 10:30 AM	Workshop Registration
10:30 – 11:00 AM	Inaugural Session
11:00 – 12:00 PM	Expert Speeches
12:00 – 01:00 PM	Open House Discussion
01:00 – 02:00 PM	Lunch
02:00 – 03:30 PM	Panel Discussion
03:30 – 04:00 PM	Valedictory Session

EXPERT PANEL-

- 1- **Dr. Shakuntala Beniwal**, Deputy director sports, MDU, Rohtak
- 2- **Dr. Dalel Singh**, Former Director Sports, KUK
- 3- **Shri. Hasan Kumar**, Arjuna Awardee, Kabaddi
- 4- **Dr. Anil Kalkal**, Director Sports, Delhi University
- 5- **Dr. Birender Singh**, Director sports, DCRUST, Murthal, Sonipat